



UPDATE

NEWS FROM THE NORTH POWYS WELLBEING PROGRAMME

Next steps for Newtown campus

The first round of a series of the North Powys Wellbeing Programme 'transformation' workshops are to take place later this year as specialist stakeholders carry out the detailed work required to develop the Outline Business Case* for the Newtown campus.

It's proposed that the campus, on a site on Park Street in Newtown, will be the home for most of Newtown's NHS provision in a Rural Regional Diagnostics and Treatment Centre. The plans also include new services for the town, including day surgery and CT and MRI scanners. This is part of the Programme's ambition to repatriate as many services as possible from outside Powys back to hospitals within the county.

An Integrated Health and Care Centre on the campus will also include health, voluntary sector and social care provision while a Health and Care academy will offer qualifications that are not currently available locally. As part of these plans, Newtown's hospital (The Montgomery County Infirmary) will relocate into the state of the art campus.

The campus will also provide for community wellbeing space and will incorporate the town's library facility and may include supported housing. The programme team is also investigating the feasibility of the provision of a small amount of accommodation for students attending the academy as well as locum health specialists.

The NPWB Programme is a flagship programme of the Powys Regional Partnership Board, comprising Powys County Council, Powys Teaching Health Board, PAVO and other key partners.

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Our story so far...

- **2017** - Health and Care Strategy published by Powys County Council and Powys Teaching Health Board
- **2018** - As a result of this strategy, The North Powys Wellbeing Programme was established to transform health and care in the north of the county
- **2019** - Widespread community engagement carried out by this team which led to the development of an Integrated Model of Care & Wellbeing
- **2022** - Welsh Government endorses our Programme Business Case for a new Health and Wellbeing campus in Newtown (*see the main article on this page for details of what this could contain*).

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(Continued from front cover)

The work to develop the the Outline Business Case is being split into five areas:

- Children and Young People
- Social Model for Health (The social model of health requires a fundamental shift in focus from illness to wellness and prevention by addressing the social
- determinants of health and wellbeing.)
- Integrated Community Model and Frailty (This model is a proactive approach to early help and support to reduce unnecessary hospital admissions and a streamlined approach to hospital discharge.)
- Mental Health, Learning Disabilities and Wellbeing.
- Diagnostics, Ambulatory and Planned Care

Each transformation area will run three rounds of workshops and will be asking for public feedback on their detailed thoughts. (See our engagement article on the back page for more on this).

Once completed, the Outline Business Case will be submitted to Welsh Government for endorsement.

In the meantime, our colleagues at Powys County Council's Transforming Education team are moving ahead with plans to develop a replacement school for Ysgol Calon y Dderwen (the new name for the former Hafren Junior and Ladywell Infants schools) on the campus site, with a target opening of late 2025.

The Newtown campus plan is part of a wider vision to improve access to health and wellbeing services through a new and innovative 'Integrated Model of Care and Wellbeing in Powys'. The aims of the vision are to ensure people in Powys receive joined up seamless care and support at the right time, in the right place that meets their needs in the home, community, or across Powys.

To find out more about the Integrated Model of Care and Wellbeing in Powys and proposals for the Newtown campus visit www.powyswellbeing.wales

*An Outline Business Case is the third required stage of the funding approval process required by Welsh Government projects such as this. Welsh Government has already given its endorsement to the programme's initial Programme Business Case and is currently considering the second stage Strategic Outline Case, which was submitted in April of this year. The fourth and last stage is known as the Full Business Case.

New programme joint leader



Nigel Brinn Executive Director at Powys County Council has joined the team as the new SRO (senior responsible officer) for the local authority working alongside his Powys Teaching Health Board counterpart, Director of Planning and Performance Hayley Thomas.

Nigel said that he is delighted to join the team at this important time and looks forward to seeing this much needed project progress to completion as soon as possible.

We're supporting a new festival

The NPWB Programme has given financial support to a new family festival to be held in Newtown on Saturday September 17th. And we'll be there on the day to talk to people about our planned health and wellbeing campus in the town. If you're there, come along to our gazebo for a chat.

The Newtown Fun Fest is being organised by a group of organisations, including Powys County Council, the North Powys Wellbeing Programme, local county councillor Cllr. Joy Jones, PAVO, Dyfed Powys Police, MAWWFIRE, Credu, the Youth Service, Newtown Family Integrated Centre, Open Newtown, Sports Powys and Freedom Leisure.

The event will be taking place in the Town Hall grounds between 11am and 3pm and will feature music, family activities, crafts, sports and a whole lot more.

Spotlight on Bach a lach

Our programme is funding a number of projects to help transform health and wellbeing services across North Powys. In this edition, we look at 'Bach a lach'.



What is it?

The Bach a lach (Small and Healthy) Award is a Powys-only project to help upskill pre-school and school staff in a range of skills linked to the National Healthy Schools Award. Bach a lach believes that every child has the right to have access to activities that will help them to develop to their full potential as a healthy and happy individuals. In order to help to ensure that this happens we are providing practitioners with a range of training opportunities, skills, knowledge and supportive resources.

These training sessions include subjects such as a cooking and nutrition, music and movement, circus skills, physical education and school sport as well as dance and gymnastics.

What has it achieved in 2021/22?

In the last financial year, the team delivered 46 training sessions to over 100 staff from pre-schools & schools across the whole of Powys; Newsletters were shared keeping stakeholders up to date and certificates were given to all staff for every session attended contributing to their Continual Professional Development.

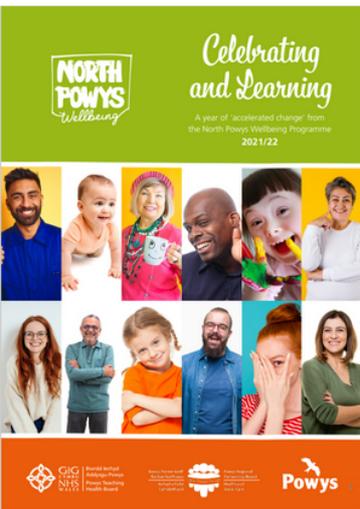
Bronze Sports Ambassadors from Primary schools were able to access some training so that they could peer teach and Gold Ambassadors from the high school have also recently been invited to access the training . All training has been aligned with the New Curriculum for Wales helping teachers to map it into their Development Plans.



Awards for Sarah and Emma

The North Powys Wellbeing Programme's Wellbeing Change Manager Emma Peace (left) and Sarah Power, Healthy Schools/Pre-Schools Officer for Powys Local Public Health Team (PHW) were awarded Certificates of Appreciation by Powys Teaching Health Board for their work on Bach a lach recently.

The Certificates of Appreciation were awarded at a Powys Teaching Health Board online ceremony.



Find out more about the projects we fund

You can find out more about the projects we funded in the last financial year (including Bach a lach) in our Celebrating and Learning - Acceleration for Change 2021/22 report. This is available on our website at www.powyswellbeing.wales/keydocuments

Engagement plans being developed

Plans for public and other stakeholder development in the next stage of the Programme's work are being developed as this newsletter is being written.

The team is committed to ensuring that all stakeholders are offered the opportunity to contribute to the plans for the Newtown campus.

In the meantime, the team has been out and about in recent months (as pictured) chatting with the public and other service providers about their thoughts on health and wellbeing services.



If you'd like to talk to the team, we'll be at the following events/venues in the coming months:

- *Newtown Food Festival – Saturday/Sunday September 3rd and 4th*
- *Newtown Fun Fest – Saturday, September 17th*
- *Welshpool Agricultural Market - Monday, October 3rd*
- *We'll also be at Llanidloes soon - follow us on social media for updates*

Alternatively our contact details are below.



If you'd like to get in touch with the team, please contact us at powyswellbeing.north@wales.nhs.uk or via social media on Facebook, Insta or Twitter (you can find us at @powyswellbeing on all three social media platforms.Facebook)



Alternatively, you can write to us at the North Powys Wellbeing Programme, Rm 1.7 Ladywell House, Park Street, Newtown, Powys, SY16 1JB



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